



Come as a family, church, business team, small group, or on your own! To be part of a Thrive Adventure and for details about each of these retreats, go to ThriveAdventures.org/maine. Or look up thriveadventures.org/pay-it-forward to learn about how we offer trips for free.



Men's events: Katahdin Winter Ascent, Men's canoe trip

Men's retreats are designed with adventure and spiritual and community growth in mind. Get away to enjoy a wilderness setting and some physical fun while drawing near to God and regaining an eternal perspective. Grow in areas like contentment, courage, compassion, commitment, rejecting passivity, taking responsibility, and leading purposefully.

Katahdin ascent March 4-5, Father-Son canoe trip August 5-7, Men's canoe trip Sept 23-24



Leadership Retreats: Small Group leaders training, Pastors and church leaders retreats,

We offer experiential leadership training. God has called you to be a leader and has placed you in the area in which He wants you to have influence. Your character matters to Him and to the people you will lead. Practice servant leadership, hone interpersonal skills, develop effective communication tools, and learn how to create an environment of grace and truth so that you and your team can make a Kingdom impact. Small Group Leaders Training January 15, Group Leaders 2.0 June 11, Group Leaders 3.0 Nov 12



Marriage Retreats: The Journey to Oneness

The journey to oneness is an adventure. Learn to overcome the obstacles that stand in your way and experience the marriage God intended. We will focus on principles from Genesis and acknowledge and work through obstacles like hiding, blaming, and controlling, while building communication skills and drawing near to God as couples. Enjoy outdoor adventure and the beauty of creation in the process!

Island kayaking July 15-17, Pond House Retreat October 14-16



Outreach: Ice Fishing Day, Rafting trip, Youth events

Do you or your friends have an interest in learning about Jesus Christ and how the Bible applies to life today? If so, join us for a one-day outing to be immersed in creation and explore Christianity in a fun, safe environment. You will also experience authentic community and practical life lessons.

Ice Fishing Feb 12, TBA for Rafting



Women's events: How to Thrive in Winter, Rest & Renewal, Women's Adventures

Are you living by your priorities? Are you experiencing intimacy with God, your spouse, your kids, your friends? Are you living the abundant life God promises? Do you need a break or a kick-start? Our experiences are designed for you to take a step back from the busyness of life and focus on areas where you want to grow. Come with a group or join one!

Thrive in Winter Feb 4-6, Rest & Renewal April 8-10, Women's Adventure August 5-7

Small Group Leader Training 101

Saturday, January 15, 2022

"...to equip the saints for the work of ministry, for building up the body of Christ until we all attain to the unity of the faith and of the knowledge of the Son of God... to the measure of the stature of the fullness of Christ" —Ephesians 4:11-13



Training objectives

The role of a facilitator

- Art & science
- · Facilitating vs. teaching

Creating an environment for growth

- Creating & living by norms
- Where & when growth occurs

Leadership skills

- Asking good questions
- Maintaining objectivity
- Addressing awkwardness
- Evaluation

What: To better equip church leaders and lay people in building up the body of Christ through fruitful small groups.

When: January 15, 2020 from 9am-5pm.

Where: East Auburn Baptist Church, Auburn, ME

Cost: Free

To register thriveadventures.org/maine