

Thrive Adventures



Creating life-giving experiences so that all may know Christ and live like Him

Dan & Heather Litchfield



Prayer & Praise

Please pray for our final “How to Thrive in Winter” programs to bring renewed life in Christ.

Pray for our current marriage moments series on the Journey to Oneness and for God to strengthen the unity of couples that attend

Praise God for many perspective new Thrive staff! Pray for the Ketters, who are coming to meet our Maine team this month and potentially joining us.

Pray for Dan, Joe, our son Caleb, and 5 others as they hike Katahdin this weekend on a Thrive men’s trip

Please pray for God to raise up a videographer to join us capturing trips and training on film

+ Behind the Scenes

“The lesson on boundaries was just what our family needed this morning. We were arguing over that in the car on the way here!”

- ice fishing dad

Ice Fishing Extravaganza

At the beginning of the month we hosted a family ice fishing trip, posting it on Facebook and other social media. To our astonishment about sixty people showed up! It took an hour and a half just to snowmobile everyone across the lake. And while they enjoyed the beautiful weather, hot dog lunch, ice fishing demonstration, and brief program on boundaries, it was hard to corral so many people and have group discussion. Despite the huge numbers, I left feeling discouraged about not

providing more spiritual content.

I sometimes forget the spiritual battle when we are in its midst—the evil one loves to distract us from the mission, turning impact into passivity. But, I take heart that God is far more powerful and better prepared. He can win hearts even through our failures. We caught no fish that day, but a few days later my boys went out and caught 23 fish! A good reminder get back out there and just keep fishing.



Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—

(Romans 12:2)

How to Thrive in Winter

This morning at the breakfast table Emma admitted, “Mom, I don’t think I am thriving in winter because I am just counting the days until summer and not living in the moment.” I had to grin at her realization. She is not alone; so many women have been coming up to me excited about what they are doing, or confessing what they

are not doing, to thrive in winter. We have led this program for three different women’s groups this past month and will be leading another this Sunday for a church in Bangor. God is leading women to think differently about this season and any challenging “season” in life. It has been exciting to be part of that as we wrestle together over the lies

we tell ourselves that rob us of the joy and growth that God intends. Women are beginning to see God’s good and create opportunities, rather than sinking into isolation and despair. The ladies from our church who came on the program have since instituted supper clubs, gathering our families together for much needed fellowship. Join us!



Leading Principles

Last week Dan and Joe led the pastor and elders from a church in Camden up Borestone Mountain. Through that experience, they addressed norm setting. During the discussion, Dan purposely interrupted over and over, causing turmoil that was never addressed. When he confessed what he was doing they were all relieved

but chagrined that they didn’t deal with it. That led to questioning the norms in their church and among their leadership. Were they healthy? What norms do they want to intentionally create? “Excellent opportunity to fellowship and consider our expectations of what is or should be ‘normal.’ I learned that I need to be courageous to confront with grace and truth,” said one elder.