

# The Lamb Family

Cru Missionaries at Buffalo April 2026

## More Than a Spring Break: A Life Transformed

From March 13th to 22nd, I traded the Buffalo slush for the Florida sands! I headed down to Daytona Beach with my staff team and 17 of our UB students to join 300 others from across the country

for their spring break. I absolutely love these kinds of Spring Breaks! Our schedule for the week is simple but powerful: we spend the mornings learning how to share our faith from some of Cru's best teachers, and then we hit the sand to put it into practice



Anthony's story of coming to Christ

One of my favorite moments was my very first time out on the beach. I was with Brendan (on the left) and Kelly (on the right) when we met my new friend Anthony! (That's him in the middle in the hood). Anthony is 22 and lives up in NYC, working hard at whatever odd jobs come his way. He came down to Daytona for a few days by himself to take a break from all that. Anthony is one of the kindest, most teachable guys I've met. Anthony's life has been a heavy road lately. Between coping with his father's passing and navigating some pretty intense anxiety, he's been using weed just to find a sense of calm. He shared with us that after his dad died, he received \$100k inheritance—but in his

grief, he spent it all on a lifestyle of 'escaping'. You could see the weight of the shame in his eyes as he told us, 'It was fun for a bit, but it just made me feel worse.' That's when we saw God totally show up. Just hours before, we'd heard a talk on the Prodigal Son, Luke 15:11-32. When we told Anthony there was a story in the Bible literally written about him, his face completely changed! Anthony agreed that he'd rather have a close relationship with God than have that \$100k back in his pocket. The 'God-incidences' didn't stop there! It turns out Brendan had lost his father around the same time Anthony did, and that loss was actually what led Brendan to Christ. That shared heartbreak became the bridge to the Gospel. Anthony was like a sponge the whole time, truly hungry to understand Jesus. After hearing how Brendan found hope in his grief, Anthony decided to give his life to Christ! When we were leaving, Anthony kept marveling at the fact that he's now a believer, telling us it was exactly what he'd been looking for. The journey doesn't end here; we've already linked him up with Cru staff in NYC to help him find a solid church home.

This was just one of the many life-changing conversations my group and I had throughout the week. As a whole, our conference had over 1,500 spiritual conversations! Even more exciting? About 146 students decided to start a relationship with Jesus. I am excited to see how God uses this training in our students lives back on campus.



Buffalo Spring Break Students and staff

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