



Green Line- Boston

The ministry of **Brian Ellis**
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Help me trust the Lord—I'm overwhelmed

I feel overwhelmed thinking about this semester. I suppose it's been a while since I've told you what's going on in my personal spiritual journey. So here's how you can be praying for me.

I think for the first time in quite a while, I'm hitting the limits of my own abilities, so **I'm tempted to settle** for what I can accomplish in my own strength. But when I think about what it means to lead spiritually, that doesn't seem right. Somewhere **I've got to trust God, right?**

I've been reading a book by Steve McVey called Grace Walk with some of my team this month. Here's what he says: "You've probably heard all your life that God won't put any burden on you greater than you can bear. Don't mark me off as a heretic just yet, but I don't believe it. I believe **God will put**

heavier burdens on you than you can bear, especially when he is trying to bring you to the place of brokenness. God will allow the burden to be greater than you can bear so that you will finally allow *Him* to bear it for you.

God's purpose in the breaking process is to bring you to the end of your own resources so that you will be ready to understand that He is the only resource you need in life. As long as your own abilities are sufficient to rise to the challenge, you will never understand that He doesn't just *give* strength. He *is* your Strength. In the breaking process, God has no intention of helping you get stronger. He wants you to become so weak that *He* can express Himself as the strength you need in every situation."

I like trusting in my own strength. I like performing. And that's a problem. "Faith" is just a fancy Christian word for "Trust." and so when I trust in my own strength, I'm putting faith in myself and not in God. I've been reading a little in Psalms: **"Cast your burden on the Lord, and he will sustain you"** (Ps 55:22) My only reply is Psalm 38:22.

Make haste to help me,
O Lord, my salvation!"

I thank you so much for your continued support. I feel your prayers and I need them. God Bless,



It's been great to watch Eric, one of my supporters and friends, grow in His relationship with God in the last few years. There's no particular connection to the rest of the letter, just a fun picture!



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How to Pray

For me as I seek the Lord. May he give me the sort of God-sized vision that enables me to trust not in my abilities but in his power. Pray that I would learn how to lead spiritually and take others to do the same.