

# ALOHA KE AKUA

"God is Love" - Alignment  
October 2020

BUILDING SPIRITUAL MOVEMENTS EVERYWHERE SO THAT EVERYONE KNOWS SOMEONE WHO TRULY FOLLOWS JESUS



Alignment is the word that comes to mind tonight as I sit and spend time with the Lord. A physical and a spiritual alignment. Alignment of my body, my heart, my soul, and my mind. This week I've mostly been trying to pay attention to my body and what it needs especially having started my chemotherapy medication. I've realized that I've also needed to pay attention to my heart, my soul, and my mind and what those need. It's been a mixture of lots of rest, naps, quiet time, quality conversations, just being with people while being okay with not feeling great. It's been praying over medication every morning and every night. It's been needing to just sit with the Lord and listen, for me and for others. It's been needing to write and just let the natural flow of my thoughts connect to my fingers typing away. It's been letting the Lord have it all as I journal and adjust to new normals.

Many of you have been wondering how I'm doing. I'm doing okay. There are good days and there are hard days. I started chemo medication recently and this week, I started to feel the side effects of that. Fatigue. Muscle aches. Headaches. I know as I post, it's easy to want to post the good moments but I also want to stay true to the moments that aren't always good. Don't we all have them?

I've transferred my medical care to City of Hope and right now, it's weekly labs, EKGs, and oncologist reports. The medication is working and my WBC numbers are almost normal again, thanks to the medication. We are currently monitoring my pancreas as potential side effects as well but thankfully I haven't felt any pain there.

Again, I am praying that in the good and hard moments, I would remember to slow down and align myself as best as I know how. In the midst of so many things, dear friends, I am also praying alignment for you - whether it's physically, emotionally, spiritually, mentally. Take care of yourselves.

How I can be praying for you and what are you seeking alignment for?

A highlight in this last month has been launching a GroupMe group called "Epic Students Unite" where the dream was to gather Epic student leaders from all over the country to pray, share ideas, and learn from one another. In just a quick week, we had seen 133 students join from over 20 campuses across the country. In the midst of leading nationally, this has been something that has given me life being able to work with students again! Please continue to pray for these students as they navigate these times.



Many of you have been asking how to help. To be honest, I'm not quite sure I've figured that out yet but as soon as I know, I'll be sure to let you know. For the time being, I am needing to raise support and with new medical expenses, continuing to trust the Lord as He is the ultimate provider. If you feel led to give a one time donation, increase your monthly giving, or start monthly giving, the link below will take you to the right place. Please know that most of all I covet your prayers especially in this new season.

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